

§ 7.4 Trigonometric Substitution

We make use of certain trig identities to evaluate integrals involving

$$\sqrt{a^2 - x^2}, \quad \sqrt{x^2 + a^2}, \quad \sqrt{x^2 - a^2}$$

Sine substitutions

Make use of $\cos^2 \theta + \sin^2 \theta = 1$ to simplify integrands involving $\sqrt{a^2 - x^2}$ by letting $x = a \sin \theta$.

Ex 1 $\int \frac{1}{\sqrt{a^2 - x^2}} dx$

$\sqrt{a^2 - x^2}$ suggests we let

$$x = a \sin \theta, \quad dx = a \cos \theta d\theta$$

$$\frac{x}{a} = \sin \theta, \quad \theta = \arcsin\left(\frac{x}{a}\right)$$

Then

$$\begin{aligned}\sqrt{a^2 - x^2} &= \sqrt{a^2 - a^2 \sin^2 \theta} \\ &= \sqrt{a^2(1 - \sin^2 \theta)} \\ &= a \sqrt{1 - \sin^2 \theta} \\ &= a \sqrt{\cos^2 \theta} \\ &= a \cos \theta\end{aligned}$$

Rewrite the integral in terms of θ

$$\int \frac{1}{\sqrt{a^2 - x^2}} = \int \frac{(a \cos \theta \, d\theta)}{a \cos \theta} \cdot \frac{dx}{\sqrt{a^2 - x^2}}$$

$$= \int d\theta$$

$$= \theta + C$$

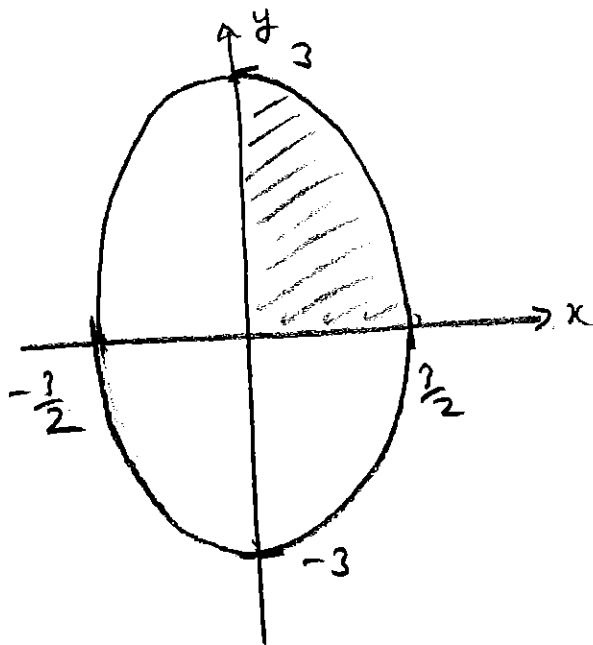
Convert back to x

$$= \arcsin\left(\frac{x}{a}\right) + C$$

Ex. 2 Find the area of the ellipse

$$4x^2 + y^2 = 9.$$

Ellipse looks like



$$y^2 = 9 - 4x^2$$

$$y = \pm \sqrt{9 - 4x^2}$$

$y = \sqrt{9 - 4x^2}$ gives the upper half of the ellipse.

From the picture, by symmetry

$$A = 4 \int_0^{3/2} \sqrt{9 - 4x^2} \, dx = 4 \text{ (area of top right quarter)}$$

$$\sqrt{9-4x^2} = \sqrt{3^2 - (2x)^2},$$

So we want

$$2x = 3 \sin \theta$$

$$x = \frac{3}{2} \sin \theta$$

Then $\theta = \arcsin\left(\frac{2x}{3}\right)$ and

$$dx = \frac{3}{2} \cos \theta d\theta \quad \text{while.}$$

$$\sqrt{9-4x^2} = \sqrt{9-4 \cdot \frac{9}{4} \sin^2 \theta}$$

$$= \sqrt{9-9\sin^2 \theta}$$

$$= 3 \sqrt{1-\sin^2 \theta}$$

$$= 3 \sqrt{\cos^2 \theta}$$

$$= 3 \cos \theta$$

Limits When $x=0, \theta=0$
 $x=\frac{3}{2}, \theta=\frac{\pi}{2}$

So

$$\begin{aligned} A &= 4 \int_0^{\frac{\pi}{2}} 3 \cos \theta \cdot \frac{3}{2} \cos \theta d\theta \\ &= 18 \int_0^{\frac{\pi}{2}} \cos^2 \theta d\theta \end{aligned}$$

Can do this by the table (IV-18)
or we can use the identity

$$\cos^2 \theta = \frac{1}{2} (1 + \cos 2\theta)$$

to get

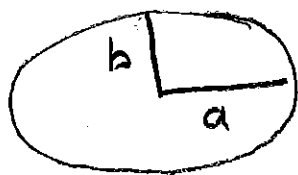
$$\begin{aligned} A &= 18 \int_0^{\frac{\pi}{2}} \frac{1}{2} (1 + \cos 2\theta) d\theta \\ &= 9 \int_0^{\frac{\pi}{2}} d\theta + 9 \int_0^{\frac{\pi}{2}} \cos 2\theta d\theta \\ &= 9 [\theta]_0^{\frac{\pi}{2}} + 9 \left[\frac{\sin 2\theta}{2} \right]_0^{\frac{\pi}{2}} \\ &= 9 \left(\frac{\pi}{2} - 0 \right) + 9 (0 - 0) = 9 \frac{\pi}{2} \end{aligned}$$

Notes. For integrals of the type

$\int \sin^2 \theta d\theta$, use the identity:

$$\sin^2 \theta = \frac{1}{2} (1 - \cos 2\theta).$$

The area of an ellipse



as shown is πab .

In our case $a = 3$, $b = \frac{3}{2}$

and $A = \pi (3) \left(\frac{3}{2}\right) = \frac{9\pi}{2}$.

Of course, if $a = b$, we get

$$A = \pi a^2$$

as we'd expect!

Ex 3

$$\int \frac{dx}{x^2 \sqrt{4-x^2}}$$

$$\sqrt{4-x^2} = \sqrt{2^2-x^2}$$

suggests we try $x = 2 \sin \theta$
 $dx = 2 \cos \theta d\theta$

and $\sqrt{4-x^2} = 2 \cos \theta$ as before.

Rewriting in terms of θ ,

$$\int \frac{dx}{x^2 \sqrt{4-x^2}} = \int \frac{2 \cos \theta d\theta}{4 \sin^2 \theta \cdot 2 \cos \theta}$$

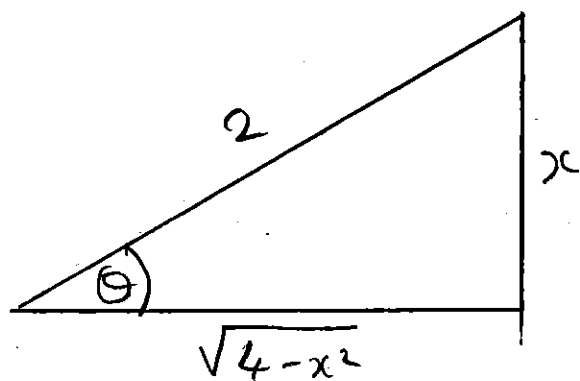
$$= \frac{1}{4} \int \frac{d\theta}{\sin^2 \theta}$$

$$= \frac{1}{4} \int \csc^2 \theta d\theta$$

$$= -\frac{1}{4} \cot \theta + C$$

However, we still need to convert back to x . To do this we make use of a right-angled triangle with angle θ and sides so that $x = 2 \sin \theta$.

$$i.e. \quad \sin \theta = \frac{x}{2} = \frac{\text{opp}}{\text{adj}}$$



(Remember SOHCAHTOA?)

adj has length $\sqrt{4-x^2}$ by Pythagoras.

$$\text{Then} \quad \cot \theta = \frac{\text{adj}}{\text{opp}} = \frac{\sqrt{4-x^2}}{x}$$

and substituting back for x gives

$$\int \frac{dx}{x^2 \sqrt{4-x^2}} = -\frac{1}{4} \cot \theta + C = -\frac{1}{4} \frac{\sqrt{4-x^2}}{x} + C$$

Tangent Substitutions

Integrals involving $a^2 + x^2$ can be simplified by letting $x = a \tan \theta$ and using the identity $\sec^2 \theta = 1 + \tan^2 \theta$

[Book says using $\sin^2 \theta + \cos^2 \theta = 1$ and $\tan \theta = \frac{\sin \theta}{\cos \theta}$ which is basically the same]

Ex 4. $\int \frac{1}{a^2 + x^2} dx$

Let $x = a \tan \theta$, $dx = a \sec^2 \theta d\theta$

$$\frac{x}{a} = \tan \theta$$

$$\theta = \arctan \left(\frac{x}{a} \right)$$

$$\begin{aligned} a^2 + x^2 &= a^2 + a^2 \tan^2 \theta \\ &= a^2 (1 + \tan^2 \theta) \end{aligned}$$

$$= a \sec^2 \theta$$

$$\text{as } \sec^2 \theta = 1 + \tan^2 \theta.$$

Rewrite

$$\int \frac{1}{a^2 + x^2} dx = \int \frac{a \sec^2 \theta d\theta}{a^2 \sec^2 \theta} = \int \frac{d\theta}{a} = \frac{\theta}{a} + C$$

$$= \frac{1}{a} \int d\theta$$

$$= \frac{\theta}{a} + C$$

$$= \frac{1}{a} \arctan\left(\frac{x}{a}\right) + C$$

Ex 5 Use a tangent substitution to show

$$\int_0^1 \sqrt{1+x^2} dx = \int_0^{\frac{\pi}{4}} \sec^3 \theta d\theta$$

and interpret these integrals in terms of area.

$$\text{Let } x = \tan \theta$$

$$\theta = \arctan x$$

$$dx = \sec^2 \theta d\theta$$

$$\sqrt{1+x^2} = \sqrt{1+\tan^2 \theta}$$

$$= \sqrt{\sec^2 \theta}$$

$$= \sec \theta$$

Limits

$$\text{When } x=0, \theta=0$$

$$x=1, \theta = \frac{\pi}{4} \quad (\tan \frac{\pi}{4} = 1)$$

Rewrite.

$$\int_0^1 \sqrt{1+x^2} dx = \int_0^{\frac{\pi}{4}} \sqrt{1+x^2} \sec \theta \cdot \sec^2 \theta d\theta$$

$$= \int_0^{\frac{\pi}{4}} \sec^3 \theta d\theta$$

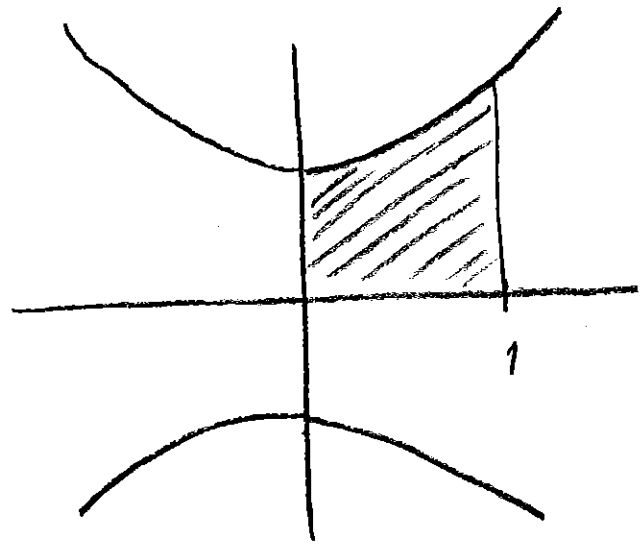
$$= \int_0^{\frac{\pi}{4}} \frac{1}{\cos^3 \theta} d\theta.$$

Interpretation

$$\text{Let } y = \sqrt{1+x^2}$$

$$y^2 = 1+x^2$$

$$y^2 - x^2 = 1$$



This is a hyperbola and the integral is the area under the part of the hyperbola as shown.

Secant Substitutions

Integrals involving $\sqrt{x^2 - a^2}$ can be simplified by letting $x = a \sec \theta$ and using the identity $\sec^2 \theta - 1 = \tan^2 \theta$.

Ex 5 $\int \frac{\sqrt{x^2 - 25}}{x} dx$ assuming $x \geq 5$

$$\sqrt{x^2 - 25} = \sqrt{x^2 - 5^2}, \text{ so let}$$

$$x = 5 \sec \theta, \quad dx = 5 \sec \theta \tan \theta d\theta$$

and

$$\sqrt{x^2 - 25} = \sqrt{25 \sec^2 \theta - 25}$$

$$= \sqrt{25} \sqrt{\sec^2 \theta - 1}$$

$$= 5 \sqrt{\tan^2 \theta}$$

$$= 5 \tan \theta$$

while $\sec \theta = \frac{x}{5} \Rightarrow \theta = \sec^{-1} \left(\frac{x}{5} \right)$

Rewrite the integral in terms of θ

$$\int \frac{\sqrt{x^2-25}}{x} dx = \int \frac{5 \tan \theta \cdot \cancel{5 \sec \theta} \tan \theta d\theta}{\cancel{5 \sec \theta}}$$

$$= 5 \int \tan^2 \theta d\theta$$

$$= 5 \int (\sec^2 \theta - 1) d\theta$$

using
 $\tan^2 = \sec^2 - 1$
again

$$= 5 (\tan \theta - \theta) + C$$

$$= 5 \tan \theta - 5\theta + C$$

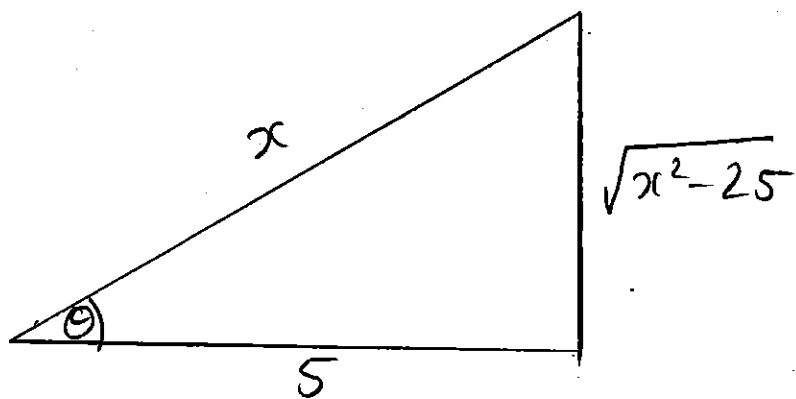
To convert back to x we need θ , $\tan \theta$ in terms of x .

First $x = 5 \sec \theta$, so

$$\frac{x}{5} = \sec \theta$$

and $\theta = \sec^{-1} \left(\frac{x}{5} \right)$

For $\tan \theta$, we again make a right angled triangle with angle θ for which $\sec \theta = \frac{x}{5}$



$$\sec \theta = \frac{\text{hyp}}{\text{adj}} = \frac{x}{5}$$

and the remaining side, the opp. is then $\sqrt{x^2 - 25}$.

$$\text{Then } \tan \theta = \frac{\text{opp}}{\text{adj}} = \frac{\sqrt{x^2 - 25}}{5}$$

and substituting for θ , $\tan \theta$ gives

$$\begin{aligned} \int \frac{\sqrt{x^2 - 25}}{x} dx &= 5 \tan \theta - 5\theta + C \\ &= 5 \frac{\sqrt{x^2 - 25}}{5} - 5 \sec^{-1} \left(\frac{x}{5} \right) + C \\ &= \sqrt{x^2 - 25} - 5 \sec^{-1} \left(\frac{x}{5} \right) + C \end{aligned}$$

Completing the Square to Use
a Trigonometric Substitution.

Ex 6 $\int \frac{3}{\sqrt{2x-x^2}} dx$

Need to complete the square in $2x-x^2$

$$2x-x^2 = -(x^2-2x)$$

$$= -(x^2-2(1)x)$$

$$= -(x^2-2(1)x+1^2-1^2)$$

$$= -((x-1)^2-1^2)$$

$$= 1-(x-1)^2.$$

Rewrite the integral

$$\int \frac{3}{\sqrt{2x-x^2}} dx = \int \frac{3}{\sqrt{1-(x-1)^2}} dx$$

Suggests the subst.

$$x-1 = \sin \theta$$

$$\theta = \arcsin(x-1).$$

$$dx = \cos \theta d\theta$$

So

$$\int \frac{3}{\sqrt{1-(x-1)^2}} dx = \int \frac{3 \cos \theta}{\sqrt{1-\sin^2 \theta}} d\theta$$

$$= \int \frac{3 \cos \theta}{\sqrt{\cos^2 \theta}} d\theta$$

$$= \int \frac{3 \cos \theta}{\cos \theta} d\theta$$

$$= 3 \int d\theta$$

$$= 3\theta + C$$

$$= 3 \arcsin(x-1) + C$$

Ex 7 $\int \frac{1}{x^2+x+1} dx$

Completing the square, we get

$$\begin{aligned}x^2+x+1 &= x^2+2\left(\frac{1}{2}\right)x+1 \\&= x^2+2\left(\frac{1}{2}\right)x+\left(\frac{1}{2}\right)^2-\left(\frac{1}{2}\right)^2+1 \\&= \left(x+\frac{1}{2}\right)^2+\frac{3}{4} = \left(x+\frac{1}{2}\right)^2+\left(\frac{\sqrt{3}}{2}\right)^2\end{aligned}$$

So $\int \frac{1}{x^2+x+1} dx = \int \frac{1}{\left(x+\frac{1}{2}\right)^2+\left(\frac{\sqrt{3}}{2}\right)^2} dx$

Suggests the tangent substitution

$$x+\frac{1}{2} = \frac{\sqrt{3}}{2} \tan \theta$$

$$\frac{2}{\sqrt{3}}\left(x+\frac{1}{2}\right) = \tan \theta$$

$$\theta = \arctan\left(\frac{2}{\sqrt{3}}\left(x+\frac{1}{2}\right)\right)$$

$$dx = \frac{\sqrt{3}}{2} \sec^2 \theta d\theta$$

$$\begin{aligned} \left(x + \frac{1}{2}\right)^2 + \left(\frac{\sqrt{3}}{2}\right)^2 &= \left(\frac{\sqrt{3}}{2}\right)^2 \tan^2 \theta + \left(\frac{\sqrt{3}}{2}\right)^2 \\ &= \left(\frac{\sqrt{3}}{2}\right)^2 (\tan^2 \theta + 1) \\ &= \left(\frac{\sqrt{3}}{2}\right)^2 (\sec^2 \theta) \end{aligned}$$

$$\int \frac{1}{\left(x + \frac{1}{2}\right)^2 + \left(\frac{\sqrt{3}}{2}\right)^2} dx = \int \frac{\frac{\sqrt{3}}{2} \sec^2 \theta}{\left(\frac{\sqrt{3}}{2}\right)^2 \sec^2 \theta} d\theta$$

$$= \frac{1}{\left(\frac{\sqrt{3}}{2}\right)} \int d\theta$$

$$= \frac{2}{\sqrt{3}} \theta + C$$

$$= \frac{2}{\sqrt{3}} \arctan\left(\frac{2}{\sqrt{3}}(x+1)\right) + C$$